



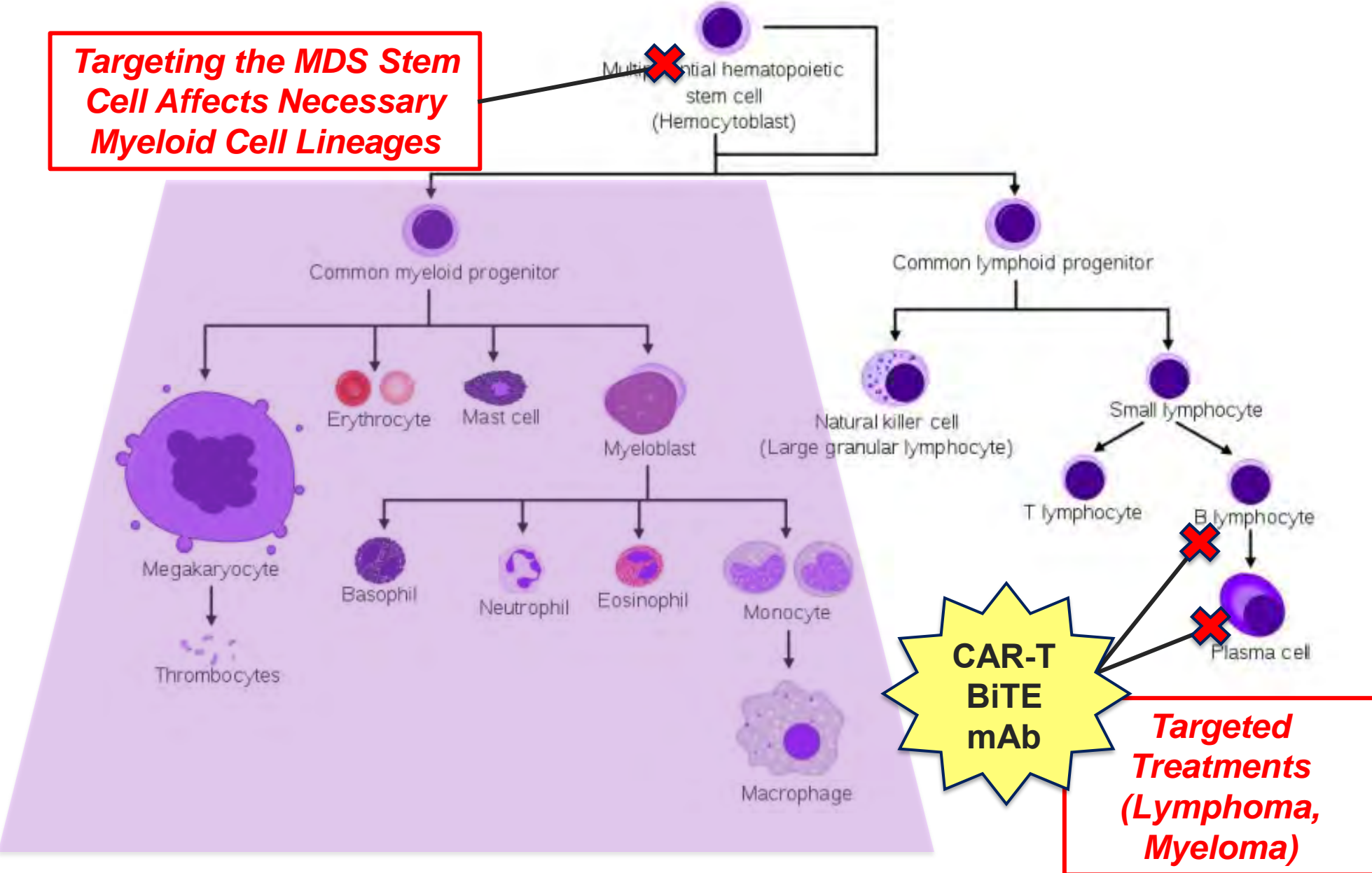
# Treatment of Higher Risk MDS

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Division of Blood & Marrow Transplantation

# Normal Blood Cell Production

**Targeting the MDS Stem Cell Affects Necessary Myeloid Cell Lineages**



# Overview

- **Which patients have “Higher Risk MDS”?**
- **Standard MDS Therapy**
  - Hypomethylating Agents (HMAs) – Azacitidine and Decitabine
  - Allogeneic Stem Cell Transplant
  - IDH1 inhibitor – Ivosidenib
- **Investigational MDS Therapy**
  - HMA with Venetoclax
  - HMA with Tamibarotene

# Standard MDS Therapy

# Approved MDS Therapies

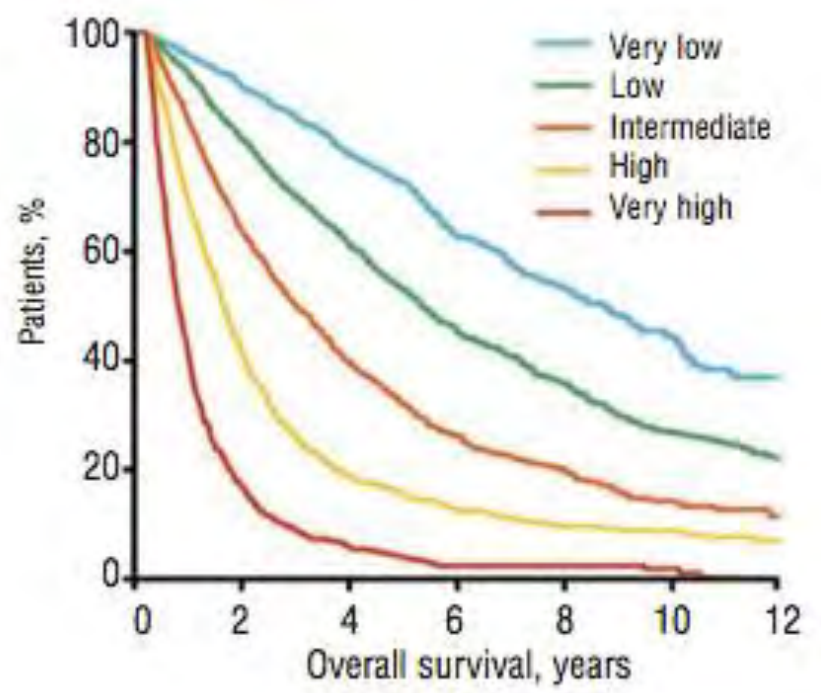
## Lower Risk MDS

- Erythropoiesis Stimulating Agents (ESA)
- Lenalidomide
- Luspatercept
- Imetelstat
- Ivosidenib
- Hypoplastic MDS: Immunosuppressive Therapy (IST)\*

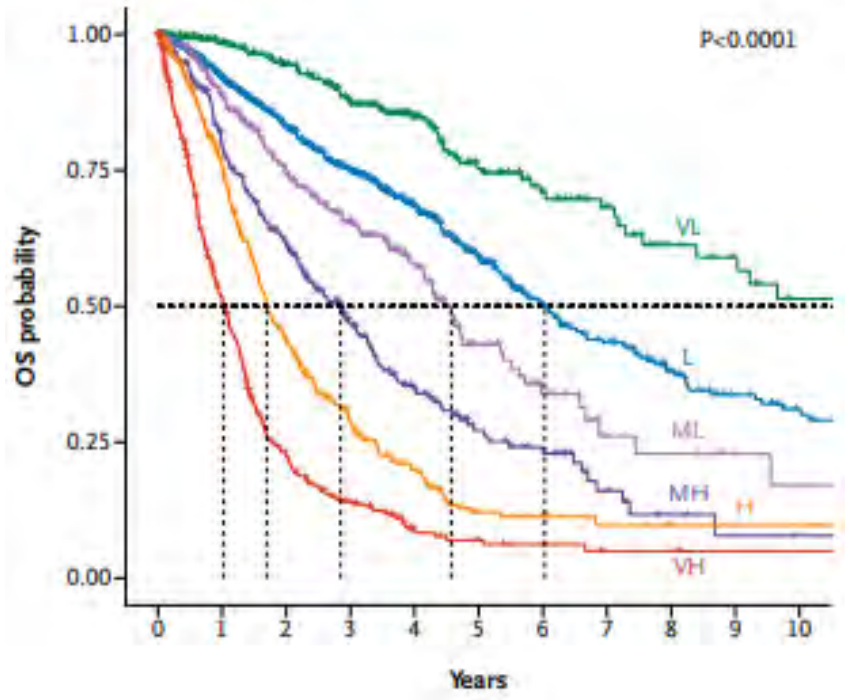
## Higher Risk MDS

- Hypomethylating Agents (HMAs)
  - Azacitidine (IV or SQ)
  - Decitabine (IV) and Decitabine/Cedazuridine (pill)
- Hematopoietic Stem Cell Transplantation
- Ivosidenib

# Which Patients Have Higher Risk MDS?

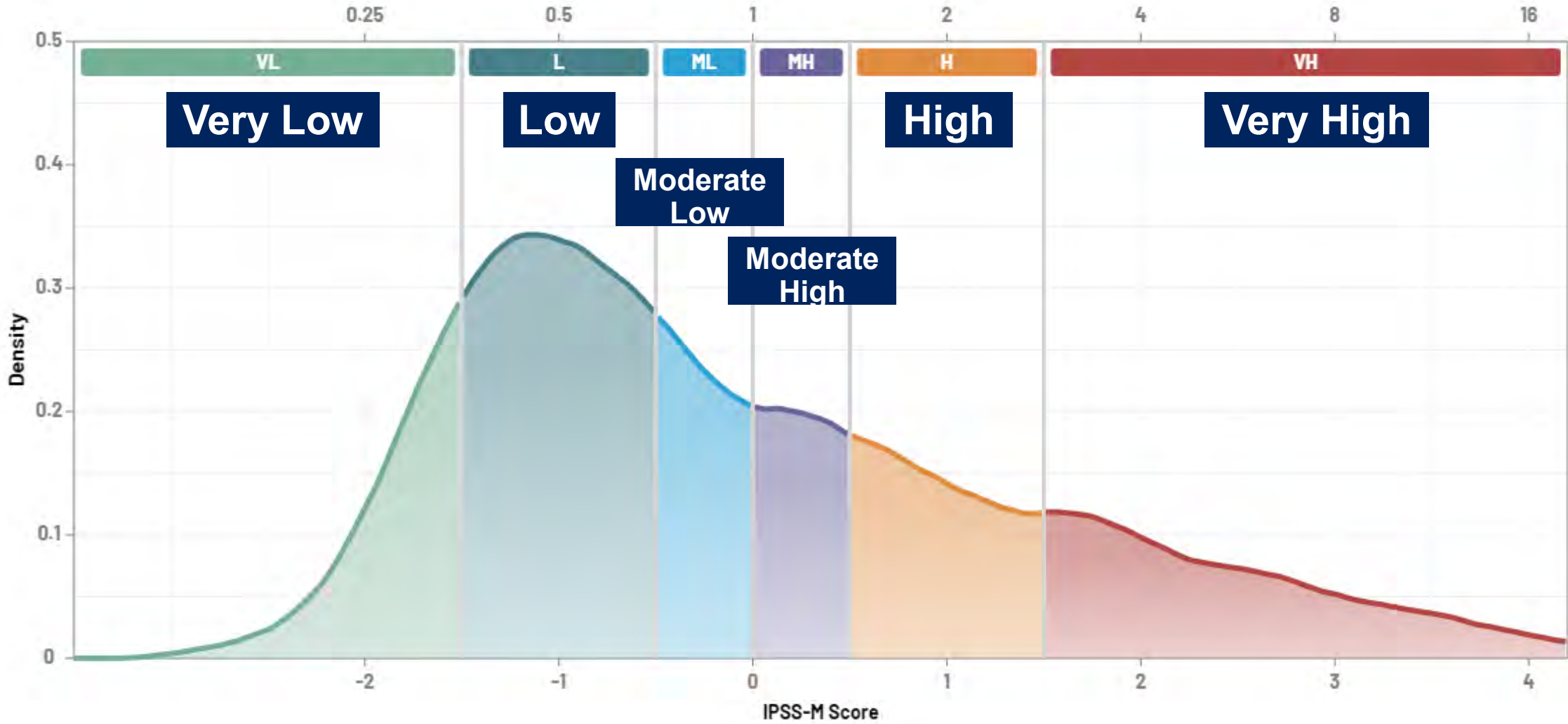


**IPSS-R:**  
 Intermediate Risk  
 High Risk  
 Very High Risk



**IPSS-M:**  
 Moderate High Risk  
 High Risk  
 Very High Risk

# IPSS-M Calculator to Determine MDS Risk



# 1. Clinical

## \*Bone Marrow Blasts

Percentage  [0-30%]

## \*Hemoglobin

g/dL [Change](#)  [4-20 g/dL]

## \*Platelet Count

1e9/L  [0-2000 1e9/L]

### OPTIONAL IPSS-R DATA

## Absolute Neutrophil Count

1e9/L  [0-15 1e9/L]

## Age

Years  [18-120 years]

# 2. Cytogenetics

## \*Presence of

del(5q)	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes
-7/del(7q)	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes
-17/del(17p)	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes
Complex Karyotype	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Yes

## \*Cytogenetics Category

<input type="radio"/> Very Good	-Y, del(11q).
<input checked="" type="radio"/> Good	Normal, del(5q), del(12p), del(20q), double including del(5q).
<input type="radio"/> Intermediate	del(7q), +8, +19, i(17q), any other single or double independent clones.
<input type="radio"/> Poor	-7, inv(3)/t(3q)/del(3q), double including -7/del(7q), Complex: 3 abnormalities.
<input type="radio"/> Very Poor	Complex: > 3 abnormalities

# 3. Genetics

## \*Number of TP53 mutations

Mutation Count  0  1  2+

## \*Loss of heterozygosity at TP53 locus (if known)

TP53 LOH  No  Yes  N/A

## \*MLL (KMT2A) and FLT3 Mutations

MLL PTD  No  Yes  Not Assessed

FLT3 ITD or TKD  No  Yes  Not Assessed

## \*Genes (individual weights)

ASXL1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
CBL	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
DNMT3A	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
ETV6	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
EZH2	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
IDH2	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
KRAS	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
NPM1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
NRAS	<input type="radio"/> Non-mutated	<input checked="" type="radio"/> Mutated	<input type="radio"/> Not Assessed
RUNX1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
SF3B1	<input type="radio"/> Non-mutated	<input checked="" type="radio"/> Mutated	<input type="radio"/> Not Assessed
SRSF2	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
U2AF1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed

## \*Genes (number of residual mutations)

BCOR	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
BCORL1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
CEBPA	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
ETNK1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
GATA2	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
GNB1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
IDH1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
NF1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
PHF6	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
PPM1D	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
PRPF8	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
PTPN11	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
SETBP1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
STAG2	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed
WT1	<input checked="" type="radio"/> Non-mutated	<input type="radio"/> Mutated	<input type="radio"/> Not Assessed

[↻ Calculate Risk](#)



# IPSS-M Results (MDS Risk, ie. Stage)

▼ STRATIFICATION RESULTS

IPSS-M Score:  
**0.40** MODERATE HIGH

IPSS-R Score:  
**4.00** INT

IPSS-R Score (Age-adjusted):  
**3.40** INT

▼ ENDPOINTS

Leukemia-Free Survival (IPSS-M):  
**2.3 years** median  
0.91-4.7 years, 25%-75% range

Overall Survival (IPSS-M):  
**2.8 years** median  
1.2-5.5 years, 25%-75% range

AML Transformation (IPSS-M):  
**9.5%** by 1 year  
18.9% by 4 years

# Treatment of Higher Risk MDS

**Transplant  
Candidate**

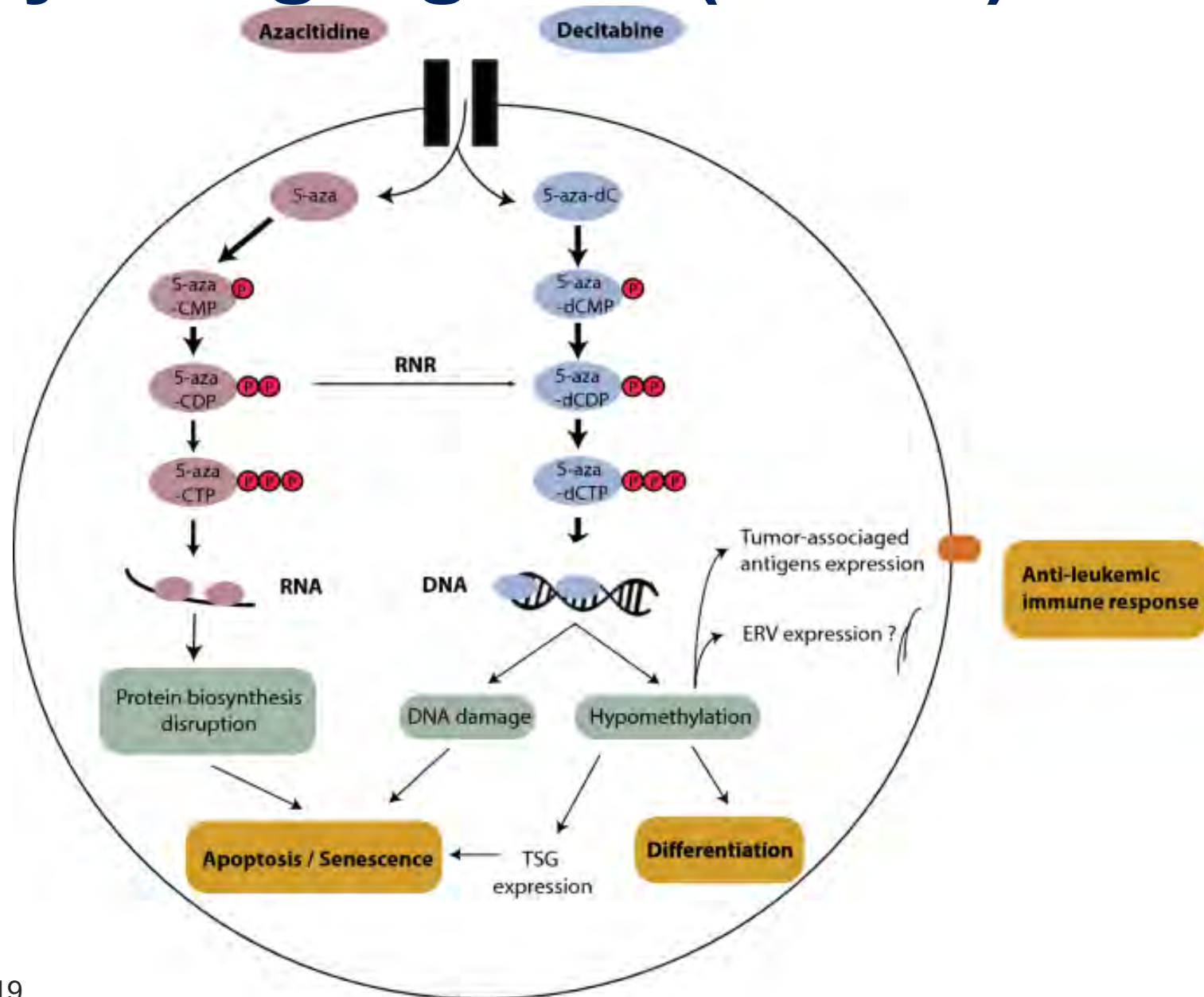
**Yes**

**Allogeneic Stem Cell Transplant  
Or  
Hypomethylating Agent (HMA) then Transplant  
Or  
High-intensity chemotherapy then Transplant  
Or  
Clinical Trial then Transplant**

**No**

**Clinical Trial  
Or  
Azacitidine or Decitabine**

# Hypomethylating Agents (HMAs)



# Hypomethylating Agents (HMAs)

- Azacitidine (FDA approved 2004)  
75 mg/m<sup>2</sup> daily, days 1-7  
10-40 minute IV infusion or subcutaneous injection  
Cycles are every 28 days
- Decitabine (FDA approved 2006)  
20 mg/m<sup>2</sup> daily, days 1-5  
One hour IV infusion  
Cycles are every 28 days
- Decitabine/Cedazuridine (FDA approved 2020)  
35 mg/100 mg daily, days 1-5  
Oral pill  
Cycles are every 28 days



# Hypomethylating Agents (HMAs)

- May improve blood count levels, reduce transfusions, improve quality of life, lengthen survival
- **Not a cure**
- 40-50% of patients benefit, slow responses in most (peak benefit after 4-6 months of treatment)
- No testing available to predict which patients will benefit
  - Cytotoxic?
  - Epigenetic?
  - Immune modulating?

# How Do We Measure “Response”?

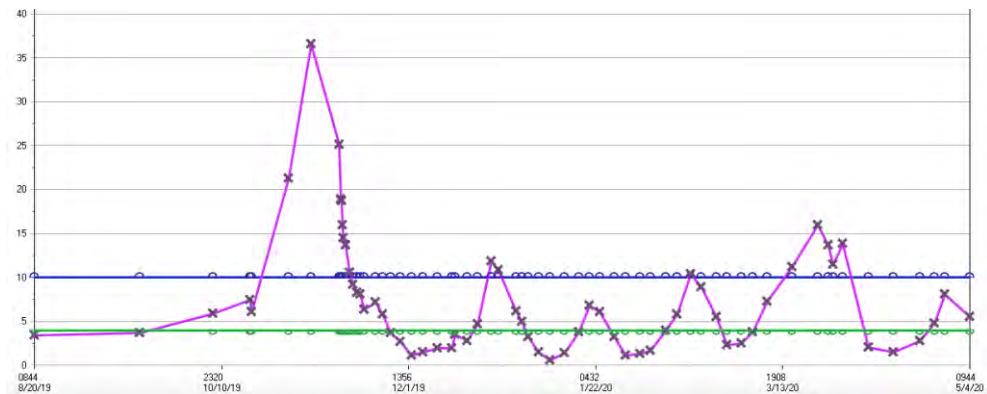
## International Working Group (IWG) Criteria

Category	Response Criteria
Complete Remission (CR)	<b>Responder (Clinical Benefit)</b>
Partial Remission (PR)	
Hematologic Improvement (HI)	
Stable Disease	<b>Non-Responder (No Clinical Benefit)</b>
Disease Progression	

- **Exact IWG Response measured in clinical trials**
  - In practice, can usually gauge response by monitoring blood count trends
  - If response is unclear, then pursue bone marrow biopsy

# HMA Responder

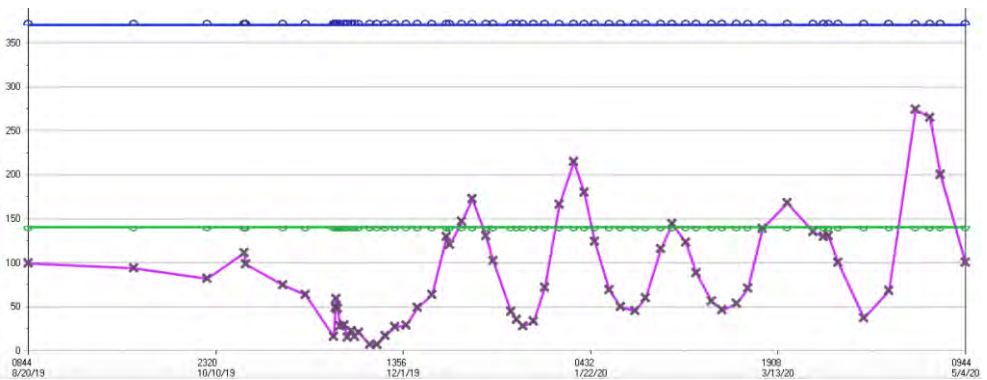
White  
Blood  
Cell  
(WBC)



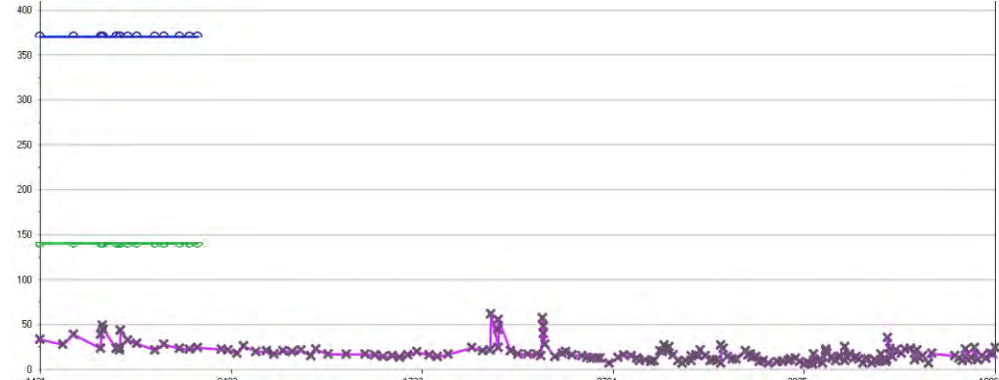
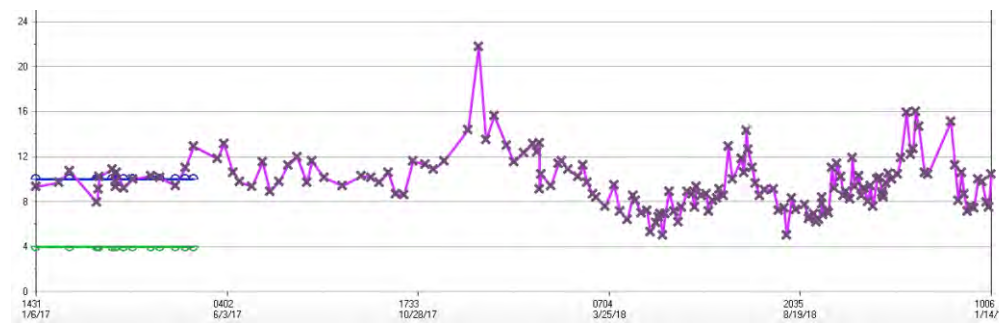
Hemoglobin  
(Hgb)



Platelet  
(Plt)



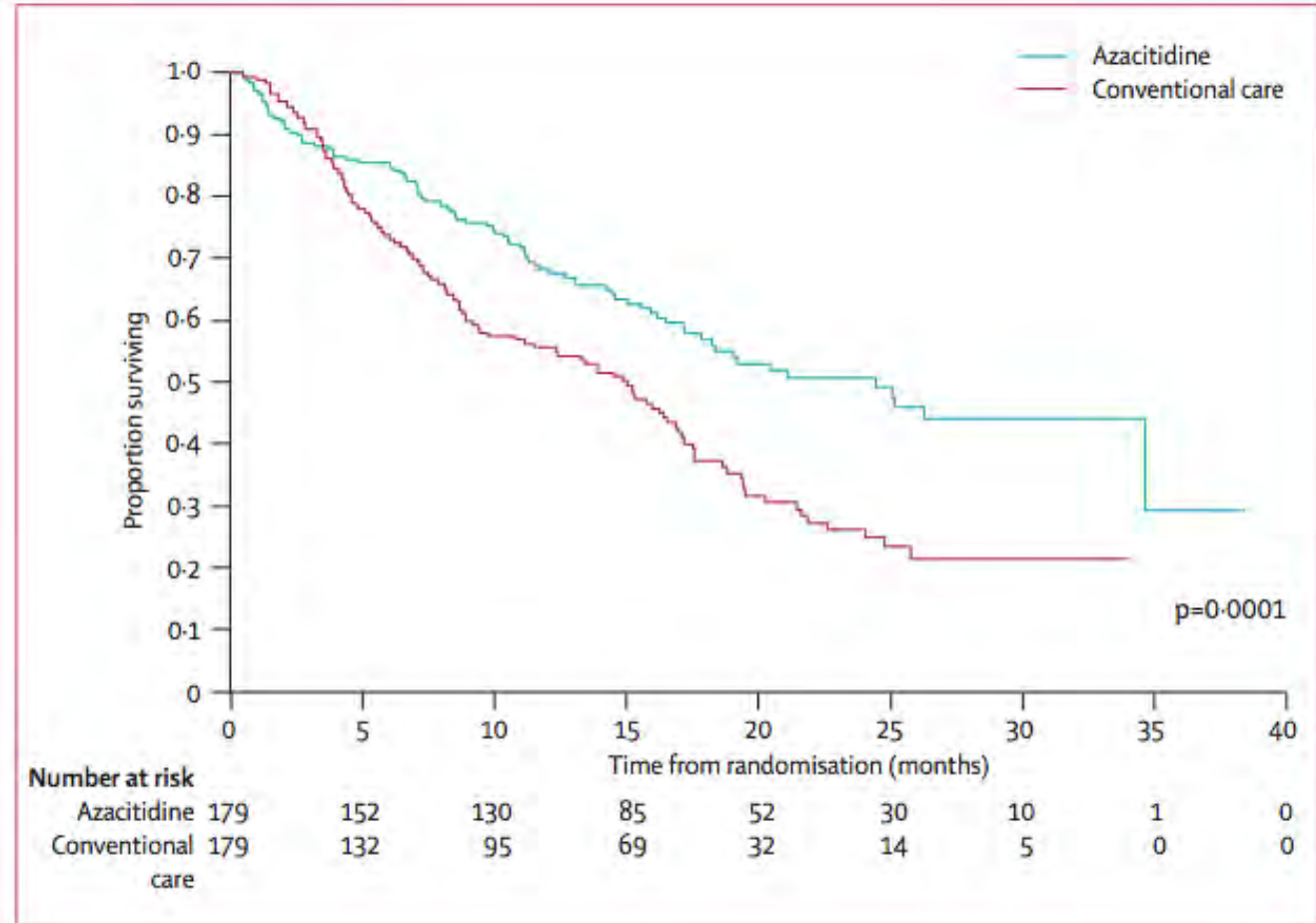
# HMA Non-Responder



# Azacitidine

## AZA-001 Phase 3 Trial

- 358 patients with higher risk MDS
- Randomized to azacitidine vs. best conventional care
- Median overall survival  
Azacitidine: 24.5 months  
Conventional care: 15 months

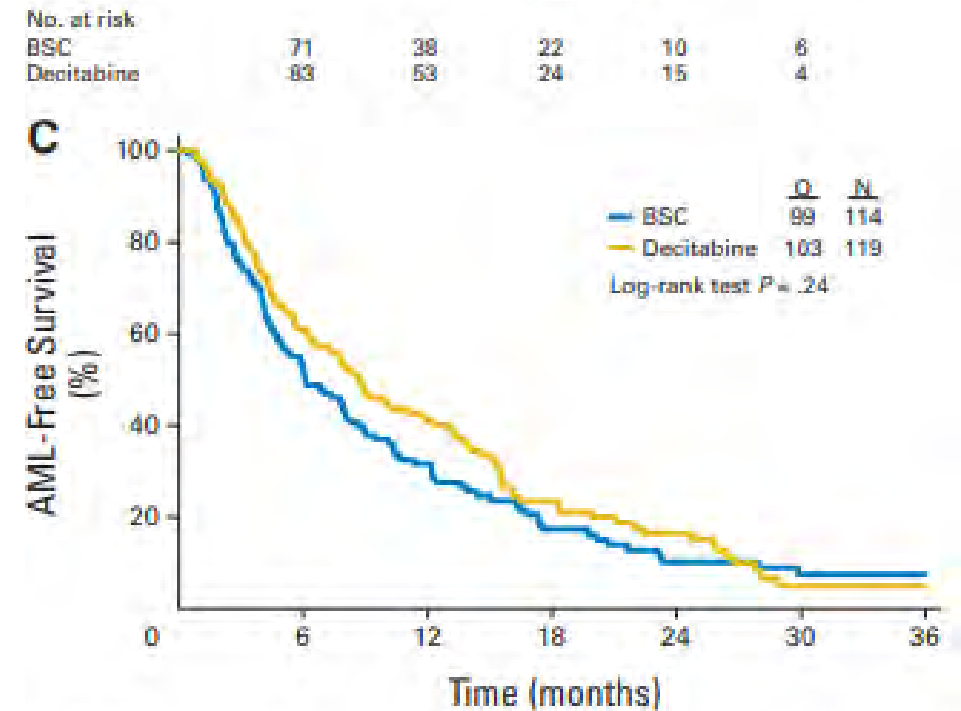
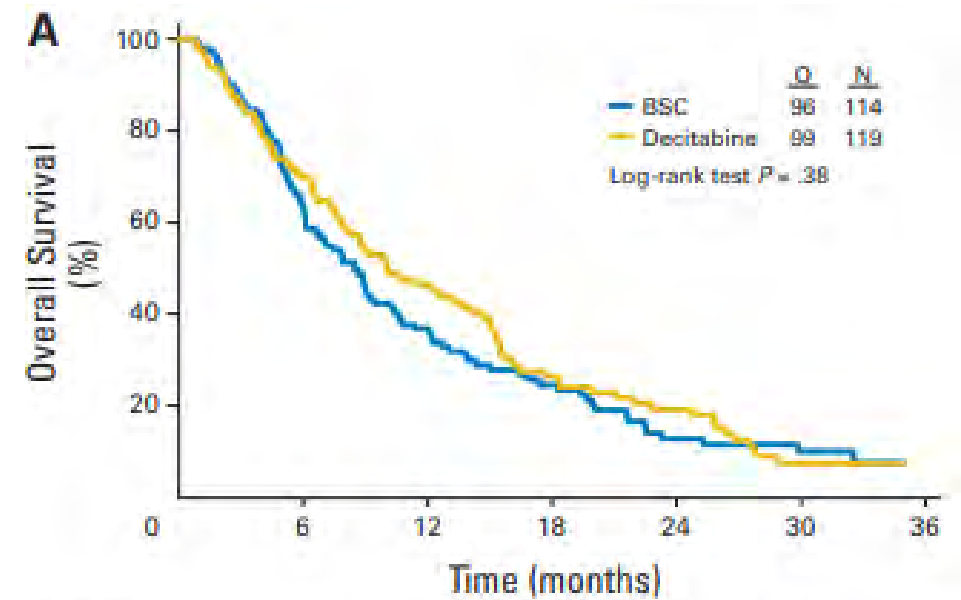




# Decitabine

## Phase 3 Trial, European Leukemia and German MDS Groups

- 270 patients with higher risk MDS
- Randomized to decitabine vs. best supportive care
- Median overall survival
  - Decitabine: 10.1 months
  - Supportive care: 8.5 months



No. at risk	6	12	18	24	30	36
BSC	58	33	16	8	4	2
Decitabine	72	47	21	14	3	3

# Hypomethylating Agents (HMAs)

- No head-to-head comparison between azacitidine and decitabine
- Both HMAs are generally well tolerated, including in older patients
  - Common side effects (>10%): **low blood counts (bleeding, infection, fatigue, transfusion need)**, low appetite, constipation, nausea, rash, muscle or joint aches, injection site reaction/pain
  - Rare side effects: pneumonitis, hypersensitivity
- Patients who do not improve on HMAs (“refractory”):
  - 2-year survival rate 15%
  - Median survival 5.6 months

# HMA Responder, but AML after transplant

**AML**

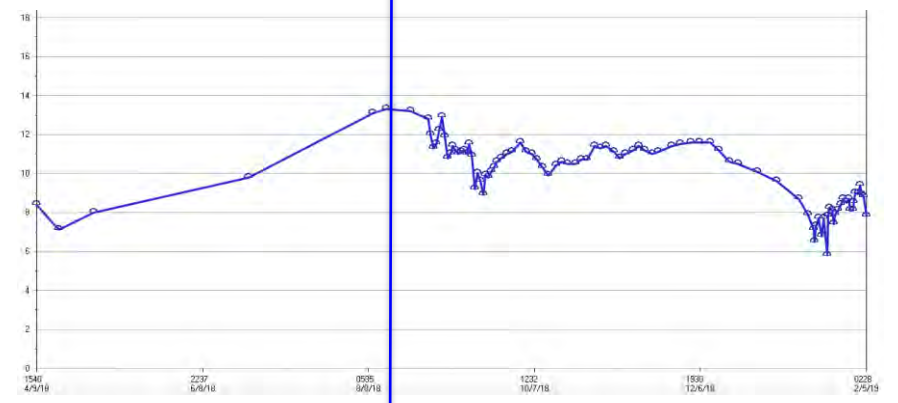
**WBC**

**HSCT**

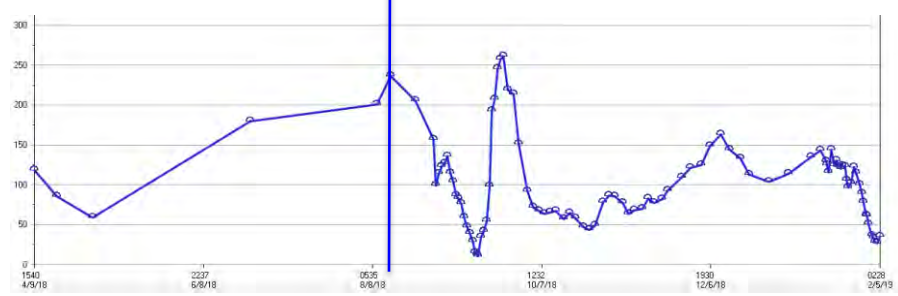
**Aza x 3**



**Hgb**



**Plt**



## Pre-HMA

Summary of Genomic Alterations Detected:

Clinically significant variants detected:

Gene/ Transcript	Coding Variant	Protein Change	Variant Allele Fraction	Therapies approved in indication	Therapies approved in other indications	May indicate resistance to therapies	Trials
<i>NRAS</i> NM_002524	c.37G>T	p.G13C	23%	None	Yes	No	Yes
<i>SF3B1</i> NM_012433	c.1873C>T	p.R625C	30%	None	None	No	Yes

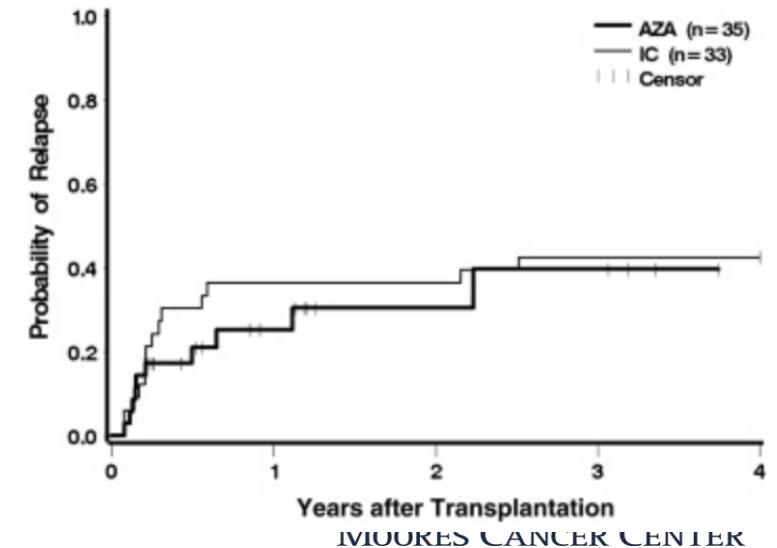
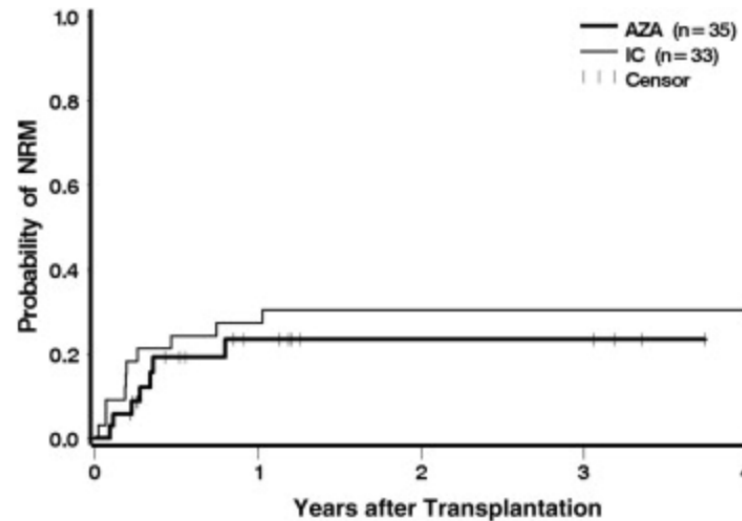
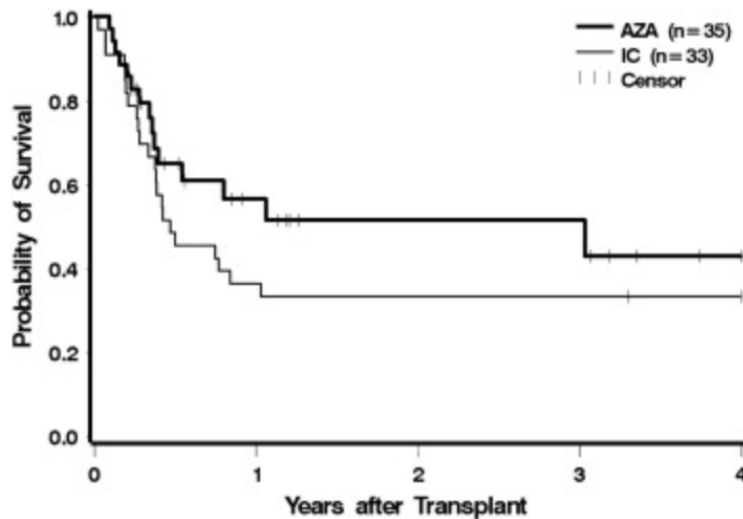
## Post-HMA

Summary of Genomic Alterations Detected:

No clinically significant somatic variants were detected in the genomic regions interrogated.

# Pre-Transplant Therapy

- **Unclear benefit – data is very limited**
- Retrospective study of 68 patients with MDS/AML who underwent transplant
  - 35 patients received Azacitidine
  - 33 patients received intensive chemo
  - 1-year survival 57% in the Aza group, 36% in the chemo group
- Differences in type of transplant, conditioning chemo before transplant



# Allogeneic Stem Cell Transplant

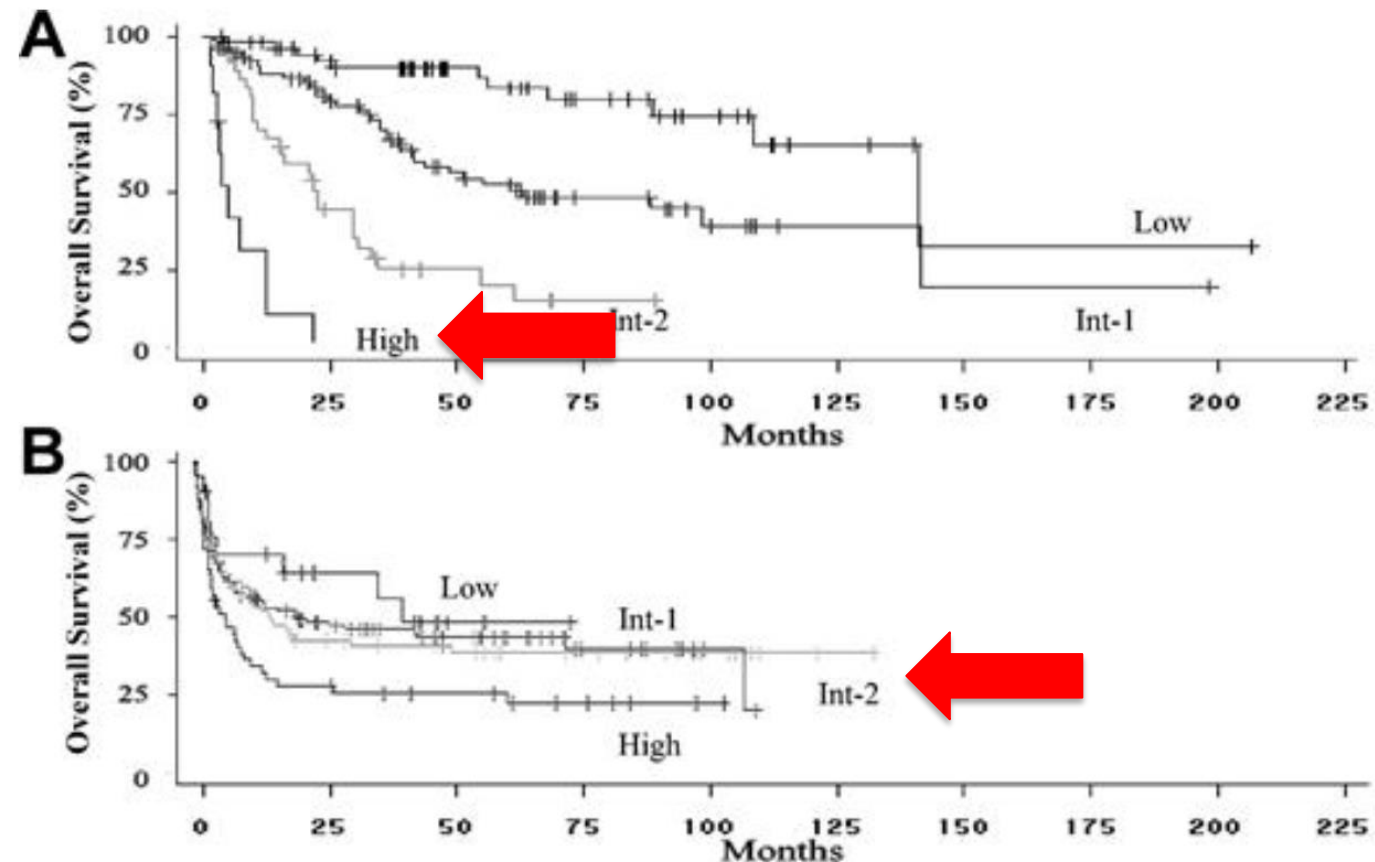
- Improved survival for higher-risk MDS – earlier is better
- Center for International Blood & Marrow Transplant Research (CIBMTR) Data

Overall survival of patients who did not undergo transplant

- Low: 12 years
- Int-1: 5.2 years
- Int-2: 1.9 years
- High: 0.4 year

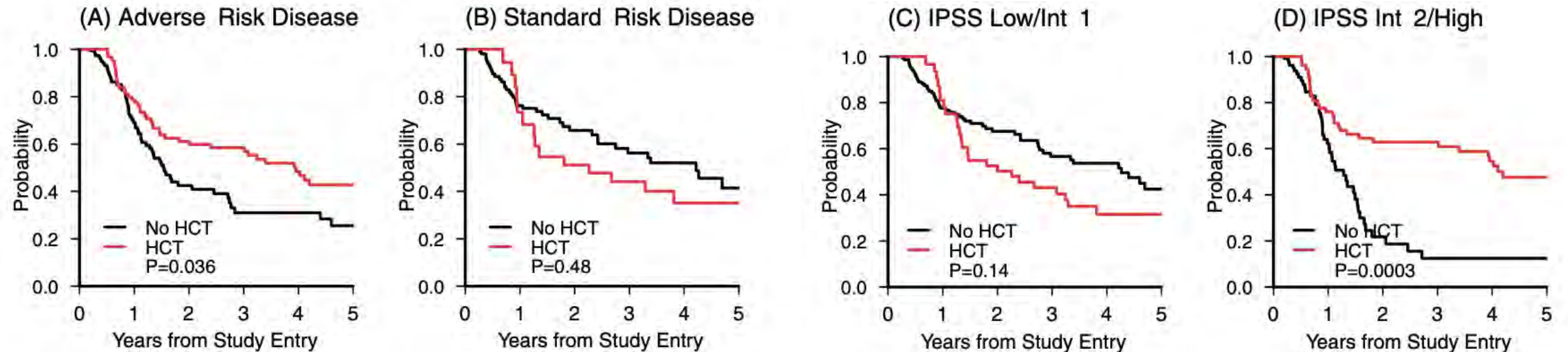
Overall survival of patients who underwent transplant

- Low: 3.3 years
- Int-1: 1.7 years
- Int-2: 1.2 years
- High: 0.5 year



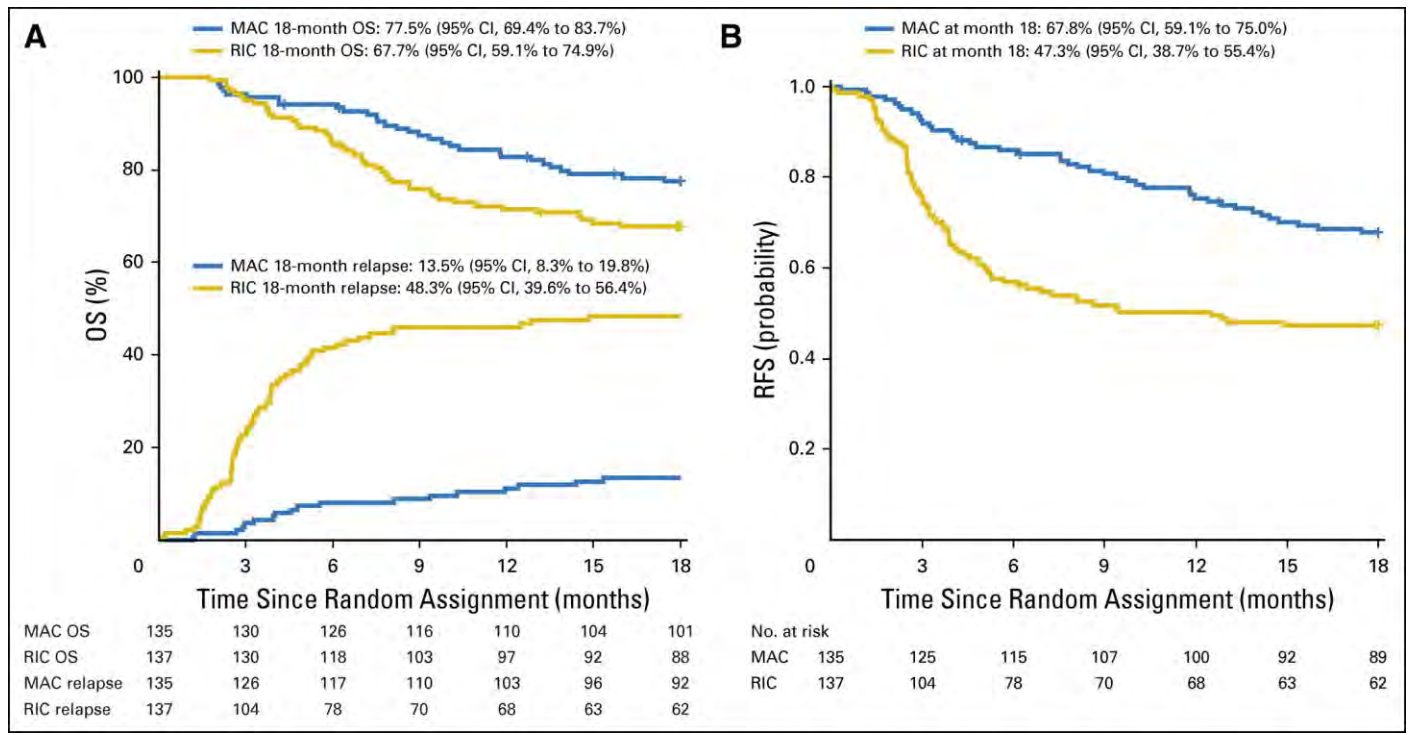
# Allogeneic Stem Cell Transplant

- Prospective study on 290 patients with higher risk MDS, ages 60-75
- 113 patients underwent transplant after median 5 months
- **Survival improved if transplant performed early for higher-risk MDS, but not for lower risk MDS (even if severe cytopenias present)**



# Transplant Outcomes

- Phase 3 Trial, Myeloablative (MA) vs. Reduced Intensity Conditioning (RIC)
- Patients with MDS and AML
- 18-month Overall Survival
  - MA: 77.5%
  - RIC: 67.7%
- Transplant-Related Mortality
  - MA: 15.5%
  - RIC: 4.4%
- Relapse Free Survival
  - MA: 67.8%
  - RIC: 47.3%



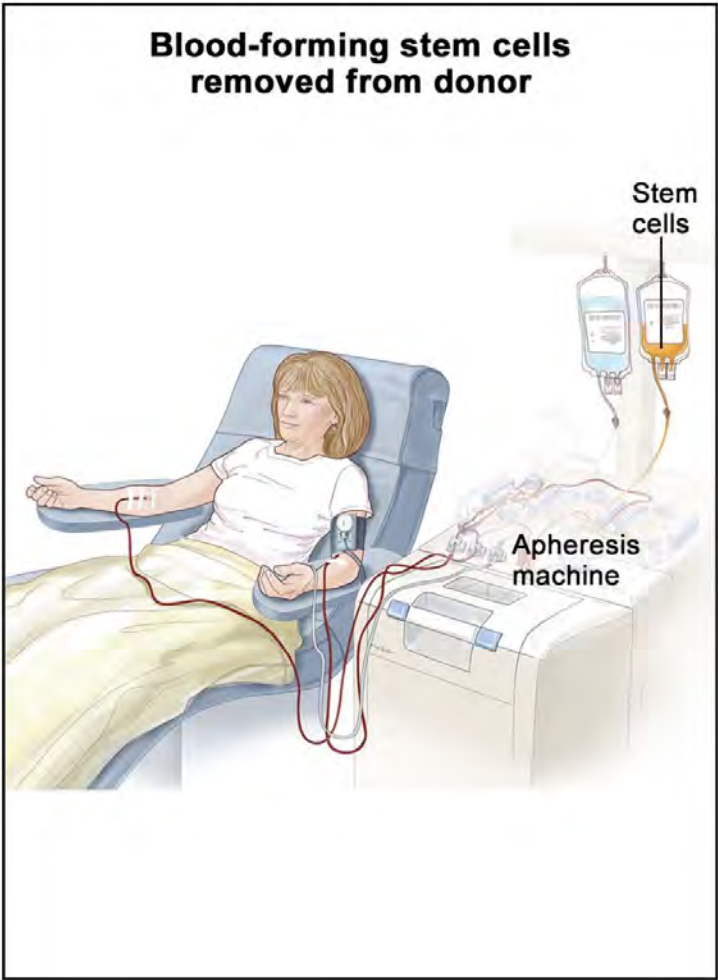
# Transplant Process

- Referral to Blood & Marrow Transplant (BMT) Physician
  - Determine likelihood of eligibility: Age  $\leq 75$  years, healthy, physically fit
- Transplant recipient process:
  - HLA typing of the patient (blood test)
  - Pre-transplant work-up of the patient
    - Echocardiogram, Pulmonary function testing, blood & urine tests
    - Social Work evaluation
- Transplant donor process:
  - HLA typing of 1<sup>st</sup> degree relatives (siblings, children, parents)
  - Matched unrelated donor (MUD) search
  - Donor selection by BMT committee
  - Donor evaluation by a separate BMT physician

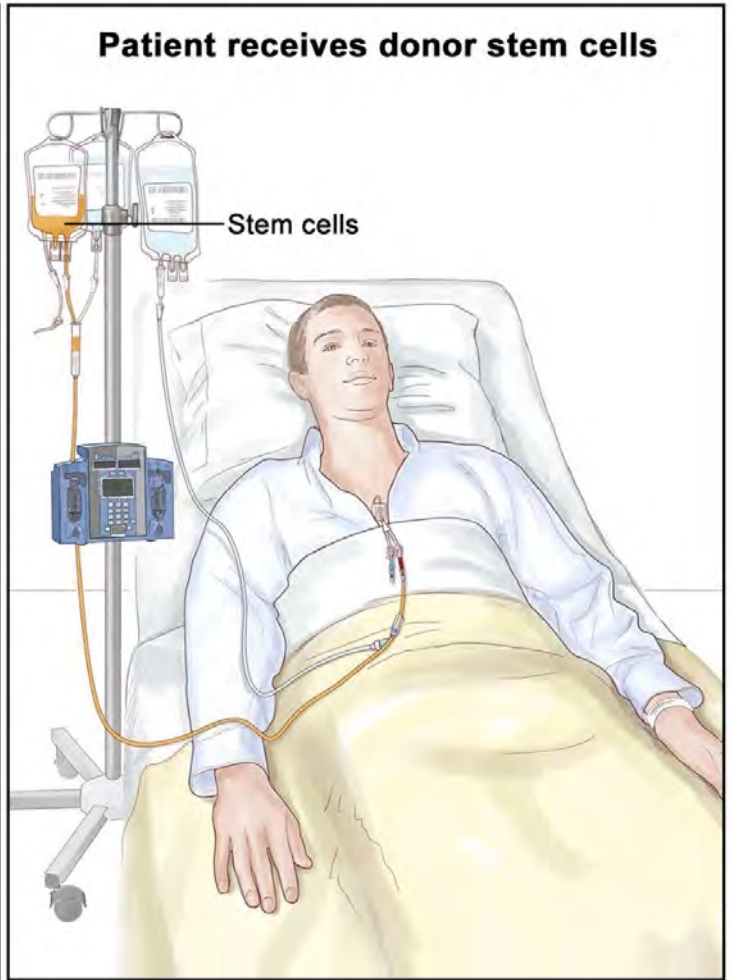
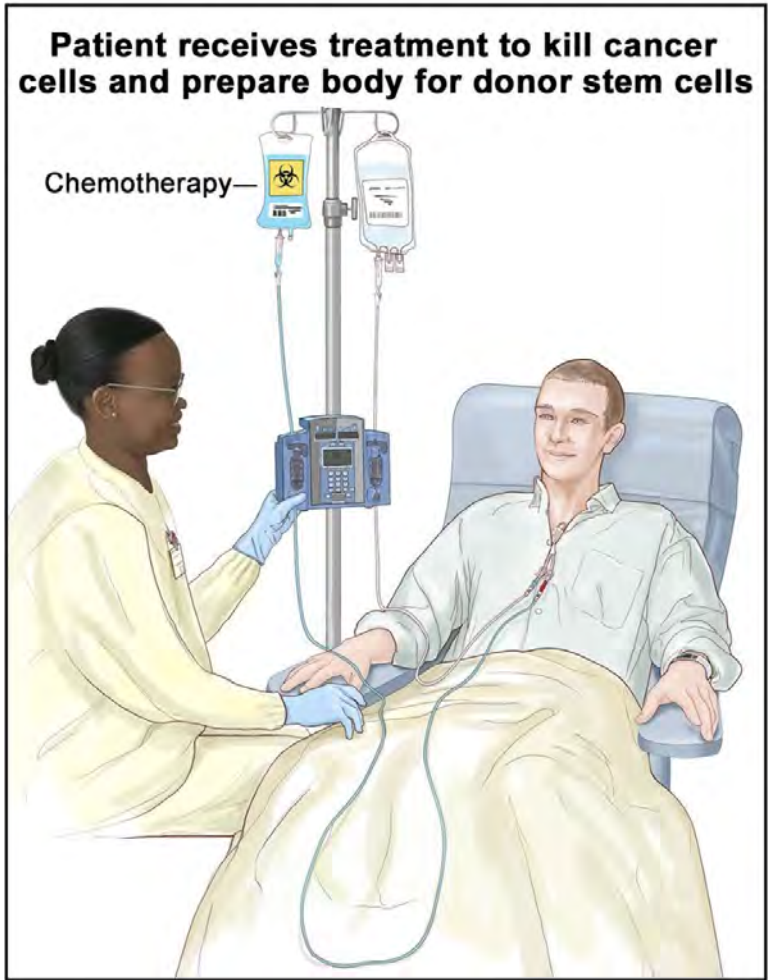


# Transplant Process

## DONOR



## PATIENT



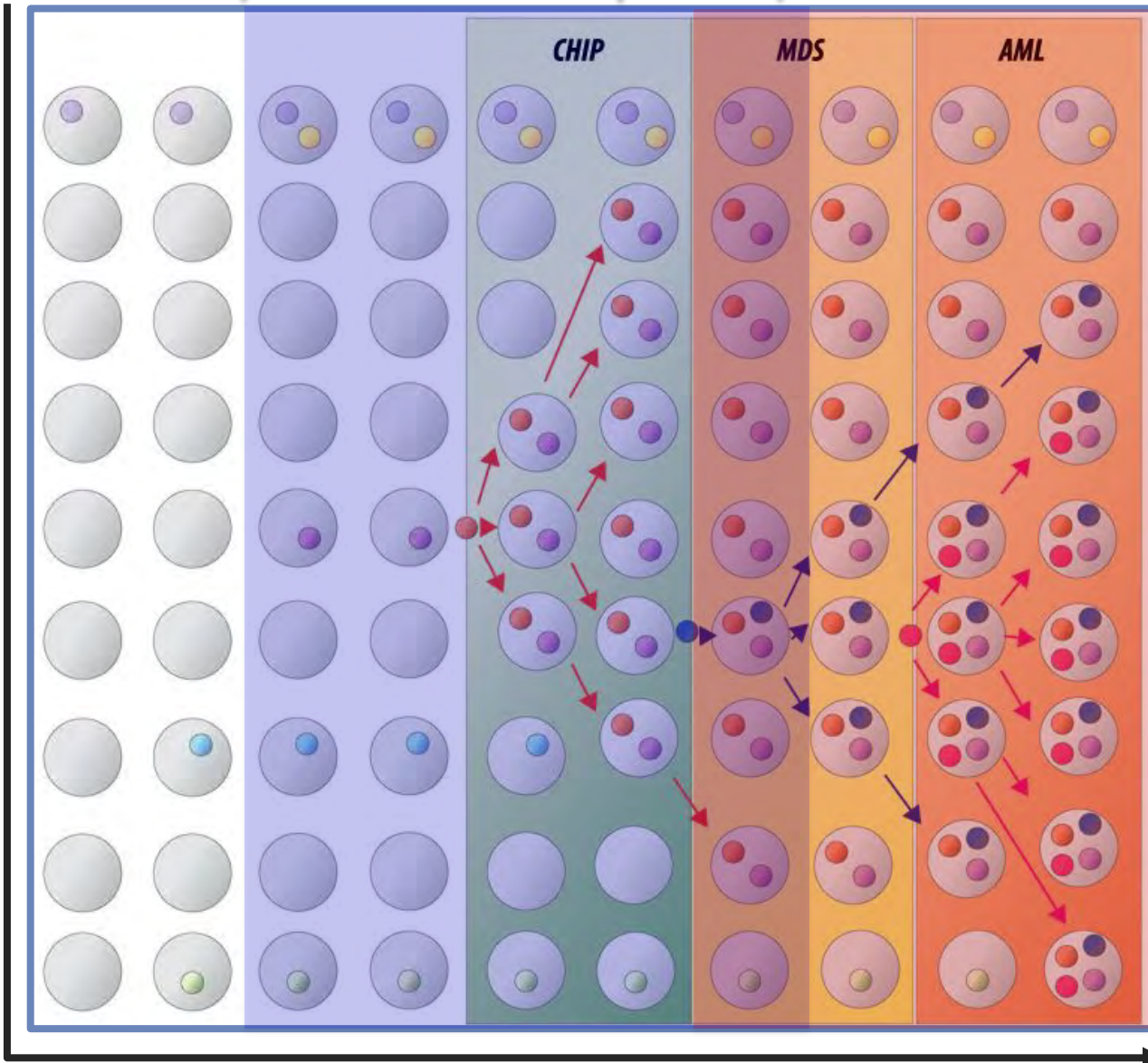
TET2  
DNMT3A  
SF3B1  
ASXL1  
JAK2...

Early mutations that initiate  
clonal expansion

Cooperating mutations that  
lead to AML

IDH1, IDH2  
FLT3  
STAG2  
RUNX1  
NRAS...

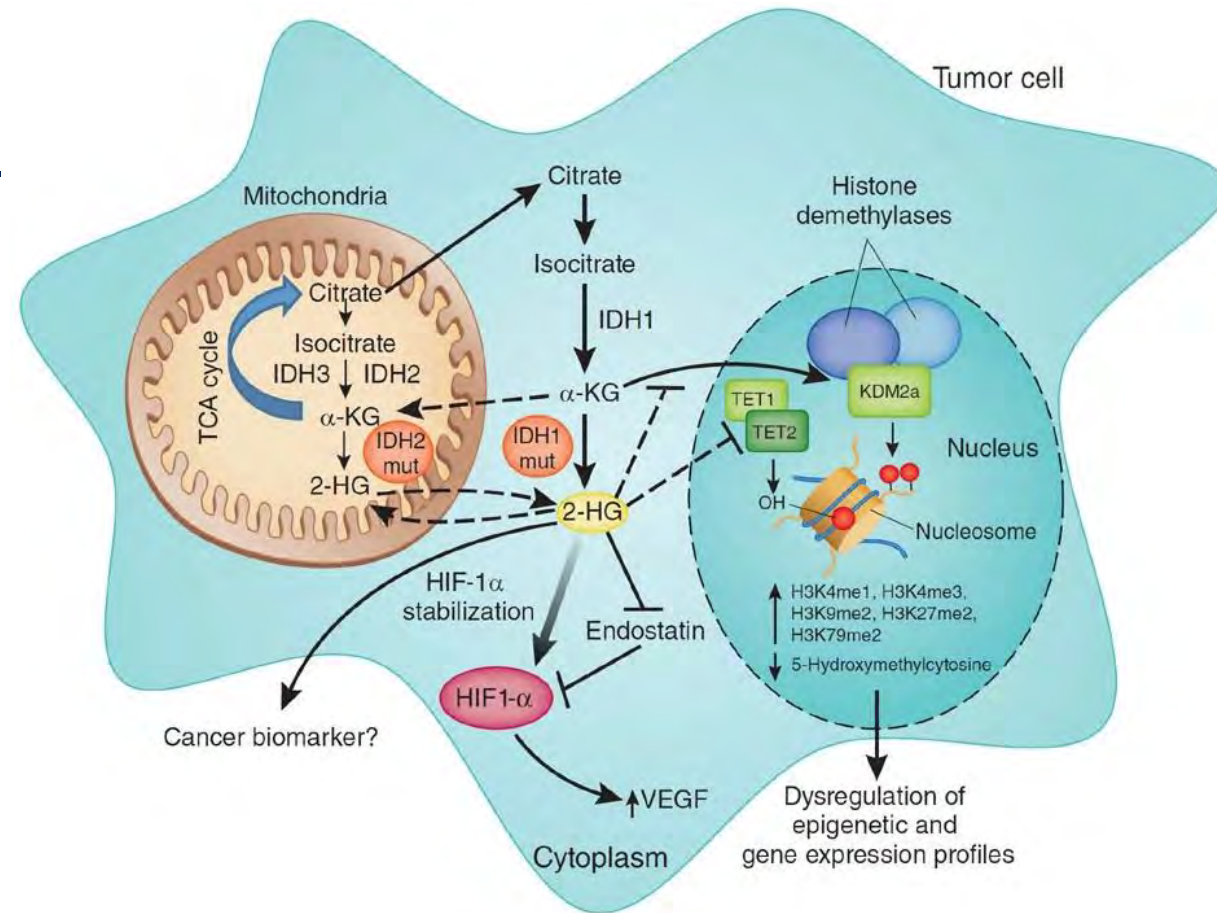
Clonal size



Time

# Ivosidenib

- Ivosidenib = IDH1 inhibitor, oral pill
- Approved by the FDA in 2023 for IDH1-mutated, relapsed/refractory MDS
- Phase I Trial, 18 patients
  - Overall response (benefit) rate 83%
  - Median survival 36 months
  - >70% transfusion independence
- Unique side effects
  - Differentiation syndrome
  - QTc prolongation (monitor EKG)



# Investigational MDS Therapy

# HMA + Venetoclax

- Venetoclax = BCL2 inhibitor, oral pill – effective in other blood cancers
- Phase 1b Trial, 107 newly diagnosed patients with higher-risk MDS
- Overall response (benefit) rate 80.4%, overall survival 26 months
- Median time to complete remission 2.8 months, duration 16.6 months

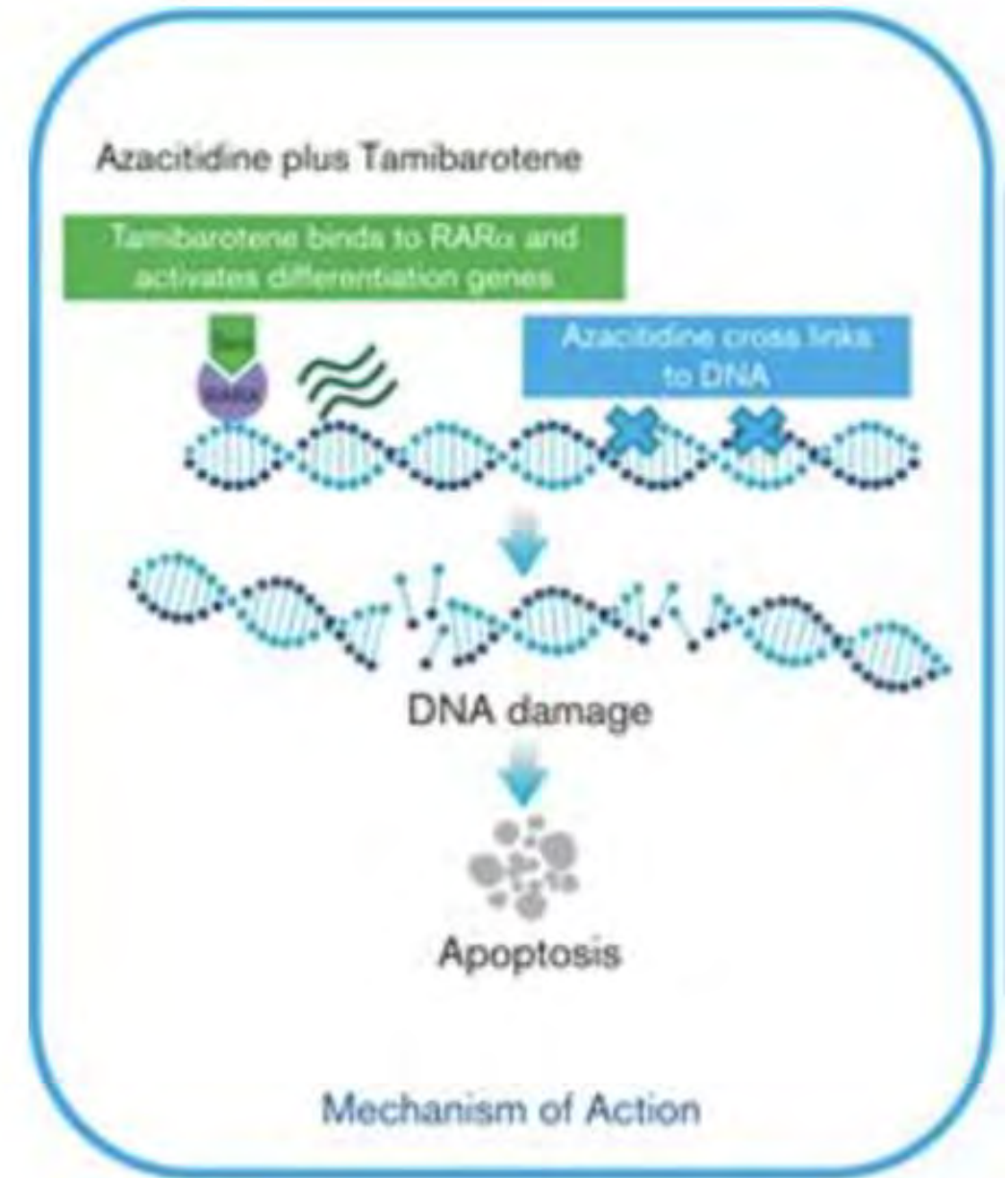
***Results of the phase 3  
VERONA trial (Aza/Ven vs.  
Aza/Placebo) \*hopefully\*  
available soon***

**Overall Survival<sup>a</sup> for Patients Who Received Ven 400 mg + Aza**



# Tamibarotene

- Tamibarotene = retinoid, oral pill – promotes cell differentiation
- Phase 2 Trial, 51 patients with newly diagnosed AML treated with Aza/Tami
  - CR rate 50%, time to CR 1.2 months, transfusion independence 72%
- Phase 3 SELECT MDS-1 Trial ongoing
  - Aza/Tami vs. Aza/Placebo
  - Newly diagnosed higher-risk MDS



# Other Investigational Drugs

- Most experimental treatments are added to an HMA “backbone”
  - Balance increased efficacy with more toxicity
- **Phase 3 trials that did not find improved outcomes:**
  - Pevonedistat, NEDD8 inhibitor, for higher-risk MDS, CMML, AML
  - Magrolimab, CD47 antibody, higher-risk MDS and AML
  - APR-246, restores p53 function, for TP53 mutated higher-risk MDS
  - Sabatolimab, TIM3 inhibitor, higher-risk MDS

# Summary

- **MDS Risk Category or Stage determines treatment**
  - IPSS-R and IPSS-M
- **Allogeneic stem cell transplant is the only cure**
- **Hypomethylating Agents (HMAs), Azacitidine & Decitabine**
  - Not curative, but can extend survival and improve quality of life
  - Relatively low side effects
- **Newer therapies are needed to improve outcomes with just HMAs**



**Thank you!**